



events

Edmonton Association for Bright Children Discovery Group Series – for children in grades 5 through 9

The Discovery Group is geared to Grade 5 to 9 students. Parents are encouraged to attend, older siblings may attend, and younger siblings may attend if accompanied by a parent, space permitting. These events are open to EABC or AABC members at no charge. EABC memberships will be sold prior to each event.

Understanding Physical Abilities and Limitations

Date: Saturday, December 3, 2005
Time: 10:00 a.m. to 12:00 noon
Location: Sun Room, Alberta School for the Deaf, 6240 - 113 Street, Edmonton

Cost: There is **no admission charge** for this event, but you must be a current member.

Registration: Contact Leong at:
E-mail: kin.leong@proforma.com or phone 463-1618

Our presenter will be Deborah Redden, an Ergonomist who has worked in both England and Canada in the healthcare sector. With a Bachelor of Science (honours) degree in Human Kinetics and Master of Science degree in Ergonomics, Deborah has applied her knowledge to injury prevention, rehabilitation, return to work planning, and education. Deborah is the Workplace Assessment Coordinator for Capital Health, and as part of Occupational Health, Safety and Wellness assists managers and employees to address workplace issues that affect well-being and return to work planning following injury or ill health.

This session will explore what it means to have a physical ability and a disability, how disability can affect daily activities, and how disability can be overcome.

Through discussion and simulation of various physical limitations, students will gain a first-hand perspective of how a disability can affect your life. Conditions to be considered include: arthritis, low back pain, and arm/leg fracture.

Students will also gain understanding that persons with disabilities have many abilities and coping strategies that allow them to fully engage in fun and work activities.

The Edmonton Association for Bright Children (EABC) is the Edmonton chapter of the Alberta Associations for Bright Children (AABC). EABC is a volunteer organization of families that provides activities, resources and support for bright children and their families. Membership is open to all.

Please visit our website at <http://www.edmontonabc.org>